If you choose to drink alcohol, there are many ways that you can reduce your risk of experiencing some of the not-so-fun things often associated with drinking.

Here are a few strategies to maximize the fun and minimize the bad!

**BE AN ACTIVE BYSTANDER:**
If you see someone who needs help, step up and be an active bystander! Don’t hesitate to call 911 for help!

**BEWARE OF UNFAMILIAR DRINKS:**
Pay attention to what you are drinking and how much alcohol is in it.

**BE AWARE OF HOW DRUGS INTERACT:**
Educate yourself on potentially negative interactions of over-the-counter drugs, prescription medications and recreational drugs before you mix them with alcohol or other drugs.

**CONSENT:**
Understand that consent cannot be given if either party has been drinking alcohol or consuming other drugs.