

# STANDARD DRINK SIZE

Not all drinks contain the same amount of alcohol, so the amount of liquid in your glass, can, or bottle does not necessarily match up to how much alcohol is actually in your drink.

One unit of alcohol, or **STANDARD DRINK**, is equal to:



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**Standard Beer**  
**12 oz.**  
(5% alcohol)

**Wine**  
**5 oz.**  
(12% alcohol)

**Hard Liquor**  
**1.5 oz.**  
(40% alcohol)