



SPRING BREAK

RESOURCES AND OPPORTUNITIES

for Housing, Food Options, and Transportation

Students experiencing homelessness or situations in which they are unable to return home, for whatever reason, during academic breaks may stay in SIU Residence Halls. Amenities include a bed, bathroom with a shower, a communal refrigerator, a stove with oven, a microwave, and cookware. To request housing accommodations, or support for additional needs, visit <https://salukicare.siu.edu/form/index.php>.

The Saluki Food Pantry, located in the Student Center, is open on Mondays from 8:00am-1:00pm and on Thursdays from 9:00am-2:00pm during the semester (see Spring Break prepared meal options per day for break hours). Students are provided enough food to sustain each individual in their household for 3-4 days. The Saluki Food Pantry also supplies recipes developed by SIU Human Nutrition and Dietetics students to prepare dishes with the food items provided. Food bags are also located in the Dean of Student's Office, located in the Student Services Building, and in the Wellness and Health Promotion Services Office, located in the Student Health Center, Mondays through Fridays from 8:00am-4:30pm. Prior to SIU holiday closures, students may acquire enough food to sustain their household during the break.

A resource List of additional food pantries, food kitchens, and additional resources in the area, many within walking distance of campus, may be found at <https://studentcenter.siu.edu/services/saluki-food-pantry.php>.

Transportation may be arranged in advance at Jackson County Mass Transit at 618-549-0304 or Rides Mass Transit at 1-844-220-1243. For the Saluki Express Break Route schedule, visit <https://studentcenter.siu.edu/services/transportation-parking/saluki-express/index.php>

Spring Break prepared meal options per day include:

Saturday 3/11

Good Samaritan Soup Kitchen: 8:00am, 11:30am, 5:30pm

Sunday 3/12

Good Samaritan Soup Kitchen: 8:00am, 11:30am, 5:30pm
Victory Dream Coffee and Donuts: 9:00am, Food Pantry 1-2

Monday 3/13

Good Samaritan Soup Kitchen: 8:00am, 11:30am, 5:30pm
Feed My Sheep: 12-1pm lunch
Saluki Food Pantry: 9am-1pm

Tuesday 3/14

Good Samaritan Soup Kitchen: 8:00am, 11:30am, 5:30pm
Feed My Sheep: 12-1pm lunch
Saluki Food Pantry: 9am-1pm

Wednesday 3/15

Good Samaritan Soup Kitchen: 8:00am, 11:30am, 5:30pm
Feed My Sheep: 12-1pm lunch

Thursday 3/16

Good Samaritan Soup Kitchen: 8:00am, 11:30am, 5:30pm
Feed My Sheep: 12-1pm lunch

Friday 3/17

Good Samaritan Soup Kitchen: 8:00am, 11:30am, 5:30pm
Feed My Sheep: 12-1pm lunch
Saluki Food Pantry: 1-4pm

Saturday 3/18

Good Samaritan Soup Kitchen: 8:00am, 11:30am, 5:30pm

Sunday 3/19

Good Samaritan Soup Kitchen: 8:00am, 11:30am, 5:30pm
Victory Dream Coffee and Donuts: 9:00am, Food Pantry: 1-2pm

Feed My Sheep

Bethel A.M.E. - 316 E. Jackson St.
Carbondale, IL 62901
(618) 529-5278

Newman Center

715 S Washington St,
Carbondale, IL
(618) 529-3311

Southern Illinois Collaborative Kitchen.

Menu located at
SOILCOLKITCHEN
at Facebook & Instagram

Good Samaritan House

701 South Marion Street,
Carbondale, IL
(618) 457-5794

Victory Dream Center

607 E College St,
Carbondale, IL
(618) 351-8018

Order here:

<https://southernillinoiseats.com/southern-illinois-collaborative-kitchen/>

HEROES - Higher Education Resources and Opportunities
Campus Liason, Jaime Clark, Student Health Services, Email: jaimec@siu.edu