

# PREGNANCY PREVENTION

COMPARING EFFECTIVENESS OF BIRTH CONTROL METHODS

## MOST EFFECTIVE

LESS THAN 1 PREGNANCY PER 100 WOMEN EACH YEAR



IUD

99%  
EFFECTIVE



IMPLANT

99%  
EFFECTIVE



SHOT

97%  
EFFECTIVE



PILL

92%  
EFFECTIVE



RING

92%  
EFFECTIVE



PATCH

91%  
EFFECTIVE



MALE CONDOM

85%  
EFFECTIVE

## LEAST EFFECTIVE

ABOUT 15 PREGNANCIES PER 100 WOMEN EACH YEAR

The Association of Reproductive Health Professionals (ARHP) offers videos, fact sheets, resources, and tools to help you explore birth control options and make choices that are right for you. Compare methods side by side at

<http://www.arhp.org/MethodMatch>