## Are you Being Stalked?

## Does someone you know ...

- Call, text or DM you constantly?
- · Send you unwanted emails, letters, or gifts?
- Show up unexpectedly at places you go?
- Post about you repeatedly on social media?
- Damage your property?
- Make you feel unsafe?

If you have had two or more instances of unwanted contact that left you worried about your physical or emotional safety you have options.

## For help contact:

- Confidential Advisor 618/536-4441
- Department of Public Safety 618/453-3371
- The Survivor Empowerment Center (off campus) 1-800-334-2094







