

Taking stimulant medications such as Adderall® and Ritalin® without a prescription is dangerous and can lead to addiction.

Emergency room visits related to complications from the non-medical use of these stimulants has **tripled** in recent years.²

For people who don't have ADHD, taking these medications can cause:

- Increased blood pressure, heart rate and body temperature
- Irregular heartbeat and heart failure
- Decreased appetite and sleep
- Increased chances of addiction
- Feelings of hostility and paranoia³



Thinking of using a stimulant to help you study for an exam? Not worth it!

College students who use Adderall® for non-medical reasons are more likely to have <u>lower</u> GPAs than students who don't!⁴



