# Internship Admissions, Support, and Initial Placement Data Date Program Tables are updated: August 2021

## **Program Disclosures**

| Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values? | Yes<br>X No |  |  |  |  |
|---|-------------|--|--|--|--|
| If yes, provide website link (or content from brochure) where this specific information is presented:   |             |  |  |  |  |
|   |             |  |  |  |  |

#### **Internship Program Admissions**

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

Counseling and Psychological Services (CAPS) is housed in Student Health Services. The practitionerscholar model was used in designing our curriculum and training experience. Interns engage in all the activities of a licensed psychologist employed in a university counseling center setting, but to a lesser extent. The program has nine profession-wide competency areas: Research, Legal and Ethical Standards, Individual and Cultural Diversity, Professional Values and Attitudes, Communication and Interpersonal Skills, Assessment, Intervention, Supervision, and Consultation and Interprofessional/Interdisciplinary Skills. Interns spend approximately twenty percent of their time in supervision and training as a means to support the learning process. The program has training seminars in Supervision, Community Intervention, Individual and Cultural Diversity, Clinical and Professional Issues, and Assessment. Interns meet for three hours per week for individual supervision to support their individual psychotherapy work. No single theoretical orientation characterizes us; we are open to a variety of approaches. Our staff is experienced in both brief and long-term therapy, and we strive to model integrative eclecticism and the application of the practitioner-scholar model to a practice setting. Interns are able to see up to 33% of their clinical caseload in long-term therapy (over 12 sessions). Interns declare an area of concentration during each semester. Areas of concentration can be in any of the following areas: Couples Therapy, Dialectical Behavior Therapy (DBT) Program, Eating Disorder Outpatient Program (EDOP), Alcohol and Other Drugs (AOD), and Integrated Health Care.

| Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many: |    |     |               |
|--|----|-----|---------------|
| Total Direct Contact Intervention Hours  | No | Yes | Amount: 450** |
| Total Direct Contact Assessment Hours  | No | Yes | Amount:       |

\*\* Potential internship applicants should note that the requirement for minimum number of intervention hours for consideration is 450. However, we understand that some internship applicants may have had practicum or training experiences disrupted by COVID-19 and as a result may have fewer hours. We encourage any interested applicants to please apply to our internship training program and contact the Training Director for any additional questions or concerns.

| Describe any other required minimum criteria used to screen applicants: |  |  |
|---|--|--|
| *Graduate Program must be APA Accredited                                |  |  |

| *Comprehensive Exams must be successfully completed by ranking deadline |
|---|
| *Applicants must have a minimum of 3 years graduate training required   |
|   |
|   |
|   |
|   |
|   |
|   |
|   |

#### Financial and Other Benefit Support for Upcoming Training Year\*

| Annual Stipend/Salary for Full-time Interns  | \$35     | ,000       |
|--|----------|------------|
| Annual Stipend/Salary for Half-time Interns  | N        | I/A        |
| Program provides access to medical insurance for intern?   | Yes      | No         |
| If access to medical insurance is provided:  |          |            |
| Trainee contribution to cost required?   | Yes      | No         |
| Coverage of family member(s) available?  | Yes      | No         |
| Coverage of legally married partner available?   | Yes      | No         |
| Coverage of domestic partner available?  | Yes      | No         |
| Hours of Annual Paid Personal Time Off (PTO and/or Vacation)   | 150 hour | s, 20 days |
| Hours of Annual Paid Sick Leave  | 315 hour | s, 42 days |
| In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in |          |            |
| excess of personal time off and sick leave?  | Yes      | No         |
|  |          |            |

Other Benefits (please describe):

Interns receive **full A/P employee personnel benefits** (Health insurance, Dental insurance, Life Insurance, Vision insurance, Retirement) and are entitled to all A/P rights and privileges sanctioned by the University (library privileges, access to Student Recreation Center through faculty passes which may be purchased, discounted tickets, and group access numbers to business services, etc.).

**Professional Development**: Each intern receives 10 professional development days per year. These days may be used to attend conferences, workshops for professional development, job interviews, or visits back to their home academic department for dissertation (collecting data, meeting with chair, prospectus, defense).

CAPS also observes national holidays (approximately 9 days per year) and is often closed for part of the winter holidays (December 25 – January 1).

<sup>\*</sup>Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

### **Initial Post-Internship Positions**

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

|   | 2017- | 2017-2020 |  |  |
|---|-------|-----------|--|--|
| Total # of interns who were in the 3 cohorts  | 1     | 17        |  |  |
| Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree | 3     | 3         |  |  |
|   | PD    | EP        |  |  |
| Academic teaching   | 0     | 1         |  |  |
| Community mental health center  | 2     | 1         |  |  |
| Consortium  | 0     | 0         |  |  |
| University Counseling Center  | 4     | 4         |  |  |
| Hospital/Medical Center   | 1     | 0         |  |  |
| Veterans Affairs Health Care System   | 0     | 0         |  |  |
| Psychiatric facility  | 0     | 0         |  |  |
| Correctional facility   | 0     | 0         |  |  |
| Health maintenance organization   | 0     | 0         |  |  |
| School district/system  | 0     | 0         |  |  |
| Independent practice setting  | 0     | 1         |  |  |
| Other   | 0     | 0         |  |  |

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.