INTERNSHIP PROGRAM TABLES

Date Program Tables are updated: August 2020

Internship Program Admissions

Counseling and Psychological Services (CAPS) is housed in Student Health Services. The practitioner-scholar model was used in designing our curriculum and training experience. Interns engage in all the activities of a licensed psychologist employed in a university counseling center setting, but to a lesser extent. The program has nine profession-wide competency areas: Research, Legal and Ethical Standards, Individual and Cultural Diversity, Professional Values and Attitudes, Communication and Interpersonal Skills, Assessment, Intervention, Supervision, and Consultation and Interprofessional/Interdisciplinary Skills. Interns spend approximately twenty percent of their time in supervision and training as a means to support the learning process. The program has training seminars in Supervision, Community Intervention, Individual and Cultural Diversity, Clinical and Professional Issues, and Assessment. Interns meet for three hours per week for individual supervision to support their individual psychotherapy work. No single theoretical orientation characterizes us; we are open to a variety of approaches. Our staff is experienced in both brief and long-term therapy, and we strive to model integrative eclecticism and the application of the practitioner-scholar model to a practice setting. Interns are able to see up to 33% of their clinical caseload in long-term therapy (over 12 sessions). Interns declare an area of concentration during each semester. Areas of concentration can be in any of the following areas: Couples Therapy, Dialectical Behavior Therapy (DBT) Program, Eating Disorder Outpatient Program (EDOP), Alcohol and Other Drugs (AOD), and Integrated Health Care.

Does the program require that applicants have received a minimum number of hours of the following at the time of application?

Total Direct Contact Intervention Hours: N Y 450 hours**

** Potential internship applicants should note that the requirement for minimum number of intervention hours for consideration is 450. However, we understand that some internship applicants may have had practicum or training experiences disrupted by COVID-19 and as a result may have fewer hours. We encourage any interested applicants to please apply to our internship training program and contact the Training Director for any additional questions or concerns.

Total Direct Contact Assessment Hours: N Y

Describe any other required minimum criteria used to screen applicants:

Financial and Other Benefit Support for Upcoming Training Year

Annual Stipend/Salary for Full-time Interns

\$25,248

^{*}Graduate Program must be APA Accredited

^{*}Comprehensive Exams must be successfully completed by ranking deadline

^{*}Applicants must have a minimum of 3 years graduate training required

Annual Stipend/Salary for Half-time Interns	N/A	
Program provides access to medical insurance for interns? If access to medical insurance is provided	Yes	No
Trainee contribution to cost required?	Yes	No
Coverage of family member(s) available?	Yes	No
Coverage of legally married partner available?	Yes	No
Coverage of domestic partner available?	Yes	No
Hours of Annual Paid Personal Time Off (PTO and/or Vacation)	150 h	ours, 20 days
Hours of Annual Paid Sick Leave :	315 h	ours, 42 days
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns in excess of personal time off and sick leave?	Yes	No

Other Benefits (please describe)

Interns receive **full A/P employee personnel benefits** (Health insurance, Dental insurance, Life Insurance, Vision insurance, Retirement) and are entitled to all A/P rights and privileges sanctioned by the University (library privileges, access to Student Recreation Center through faculty passes which may be purchased, discounted tickets, and group access numbers to business services, etc.).

Professional Development: Each intern receives <u>10 professional development days</u> per year. These days may be used to attend conferences, workshops for professional development, job interviews, or visits back to their home academic department for dissertation (collecting data, meeting with chair, prospectus, defense).

Dissertation Release Time: CAPS seeks to provide support for interns completing their dissertations during the internship and thus allows interns to contract for time to be working on their dissertations during the year. Interns may contract for <u>2 hours per week</u> during the Fall, Spring, and Summer semesters. This contracted time is to be used only for dissertation work. If the dissertation is complete, the two hours of time will be used toward accruing direct service hours.

CAPS also observes national holidays (approximately 9 days per year) and is often closed for part of the winter holidays (December 25 – January 1).

Initial Post-Internship Positions (Provide an Aggregated Tally for the Preceding 3 Cohorts)

2017-2020

Total # of interns who were in the 3 cohorts		18	
Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree		1	
	PD	EP	
Community mental health center	1	1	
Federally qualified health center	0	0	
Independent primary care facility/clinic	1	0	
University counseling center	4	5	
Veterans Affairs medical center	0	0	
Military health center	0	0	
Academic health center	0	0	
Other medical center or hospital	2	0	
Psychiatric hospital	0	0	
Academic university/department	0	1	
Community college or other teaching setting	0	0	
Independent research institution	0	0	
Correctional facility	0	0	
School district/system	0	0	
Independent practice setting	0	1	
Not currently employed	0	0	
Changed to another field	0	0	
Other	0	0	
Unknown	0	1	

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.