

ALCOHOL POISONING

It is important to remember that alcohol consumption can be dangerous. Knowing what the signs and symptoms of alcohol poisoning are and what to do if you encounter someone who needs help can make a huge difference.

The common signs of **ALCOHOL POISONING** are:

- Unconsciousness
- Slow breathing
- Confusion
- Irregular breathing
- Vomiting
- Blue/pale/ashen skin
- Seizures
- Cold or clammy skin

If you encounter someone who is suffering from any of the above symptoms, it is important to help them seek medical treatment.

DO:

- Call 911.
- Stay with them until medical help arrives.
- Make sure they can breathe and are in a safe location.

DON'T:

- Leave them alone.
- Give them food, drink or medication.
- Put them in the shower/tub.