



**“The Confidential  
Advisor helped  
me see that I’m  
not alone.”**

**Help for survivors of sexual and gender based violence**

## **CONFIDENTIAL ADVISING SERVICES**

No cost, confidential,  
and judgment free:

- Referrals to medical care and counseling services
- Help with academic concerns
- Information about reporting options

APPOINTMENTS:



618/453-4429



Online at [SHC.SIU.EDU](https://SHC.SIU.EDU)



SOUTHERN ILLINOIS UNIVERSITY

**STUDENT HEALTH SERVICES**