



**“Thanks to the  
Confidential  
Advisor, I feel  
more hopeful  
about my future.”**

**Help for survivors of sexual and gender based violence**

## **CONFIDENTIAL ADVISING SERVICES**

No cost, confidential,  
and judgment free:

- Referrals to medical care and counseling services
- Help with academic concerns
- Information about reporting options

APPOINTMENTS:



618/453-4429



Online at [SHC.SIU.EDU](https://SHC.SIU.EDU)

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CARBONDALE

SOUTHERN ILLINOIS UNIVERSITY

**STUDENT HEALTH SERVICES**